

Carotid artery revascularization:

A systematic review and meta-analysis comparing clinical outcomes of second vs. first generations stents

Adam Mazurek MD PhD
on behalf of [CARMEN](#) Collaborators

[C](#)arotid [R](#)evascularization systematic review and [M](#)eta-[a](#)[N](#)alysis

Disclosure

Speaker name:

Adam Mazurek MD, PhD

I have the following potential conflicts of interest to report:

- Consulting
- Employment in industry
- Stockholder of a healthcare company
- Owner of a healthcare company
- Other(s)

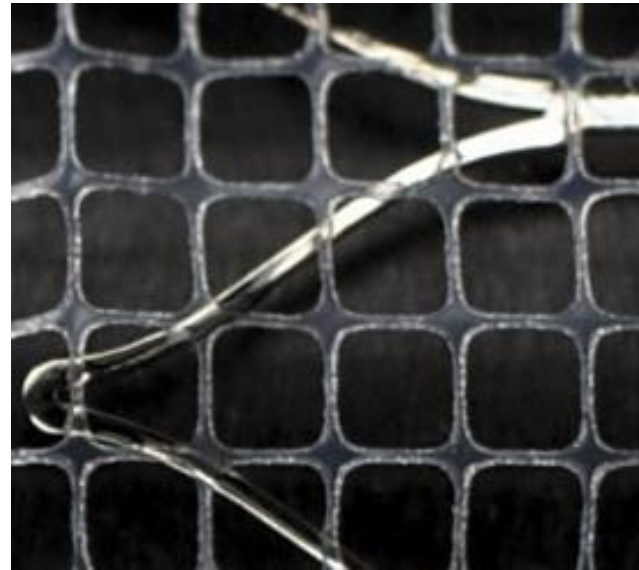
- I do not have any potential conflict of interest

Introduction

- Comparisons of data in individual studies suggest that the use of **second-generation carotid stents (SGS; dual-layer, mesh-covered)** may improve clinical outcomes.



Casper/RoadSaver



Gore Carotid Stent



CGuard MicroNET Stent

- This has not been systematically evaluated.

Purpose

1. Are the 30-day and 12-month outcomes for **SGS** *different* than those for first-generation stents (FGS) ?
2. Is there a '*class effect*' for SGS ?

FGS – first generation stents
SGS – second generation stents
(mesh/dual-layer)

METHODS

We performed a systematic review and meta-analysis (PRISMA* methodology) of clinical studies that have used First-generation carotid stents (FGS; open or close-cell) and Second-generation carotid stents (SGS).

1. Evaluation of typically reported 30-day and 12-month endpoints.
3. PubMed search ('carotid' + 'stent' + 'trial' or 'study').
4. Prespecified criteria for record initial screening (CADIMA#).
5. Prespecified criteria for study eligibility.
6. Cumulative data integration.
7. Random effect model meta-analysis.
8. Endpoints compared for **FGS** (open/close-cell) vs **SGS** (as a group and per individual stent types – **RoadSaver/Casper Stent, Gore Stent, CGuard MicroNET Stent**)

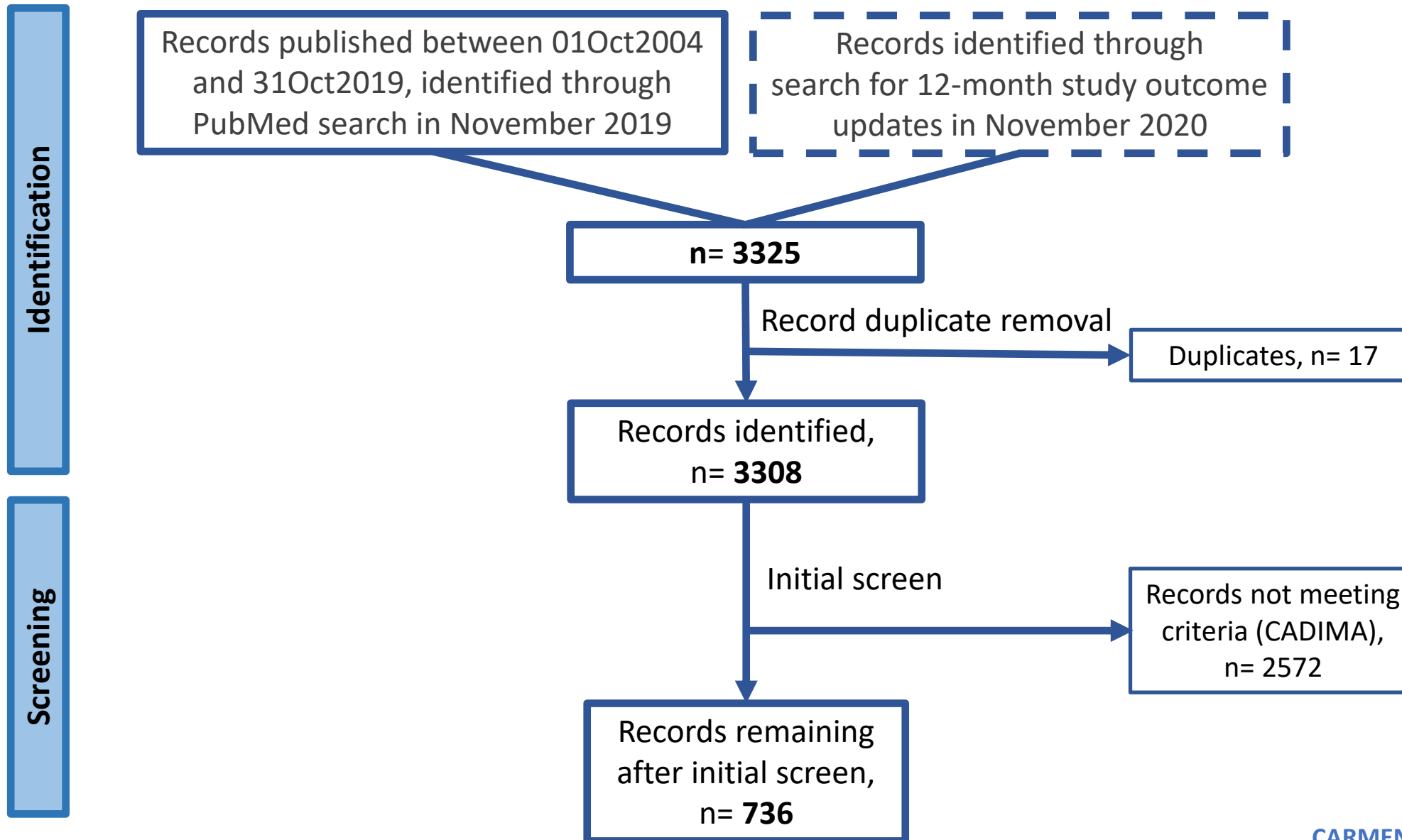
*Moher D *et al.* Preferred reporting items for systematic reviews and meta-analyses: The PRISMA statement. *BMJ*. 2009

www.cadima.info

Carotid revascularization outcomes of interest

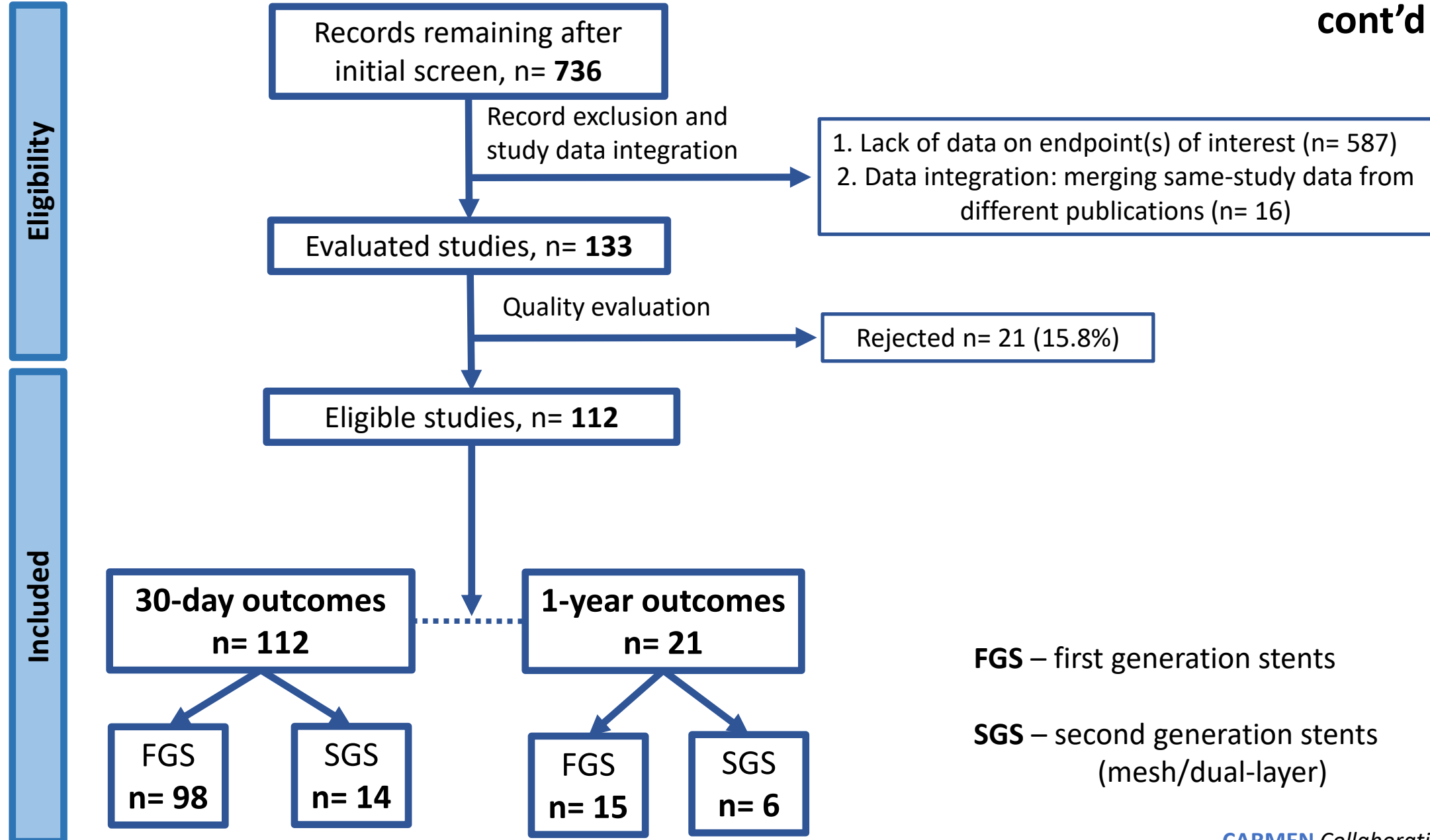
- Random search for typical 30-day outcomes and 12-month outcomes in carotid revascularization studies (2004-2019)
- Identification of: 50 studies with 30-day outcomes
 50 studies with 12-month outcomes
- *Typically-reported 30-day outcomes:* **DEATH (D)**
(any) STROKE (S)
MYOCARDIAL INFARCTION (MI)
- *Typically-reported 12-mo outcomes:* **ipsilateral STROKE (IS)**
RESTENOSIS (R/ISR)

CARMEN Systematic review and meta-analysis flowchart (PRISMA)



CARMEN Systematic review and meta-analysis flowchart (PRISMA)

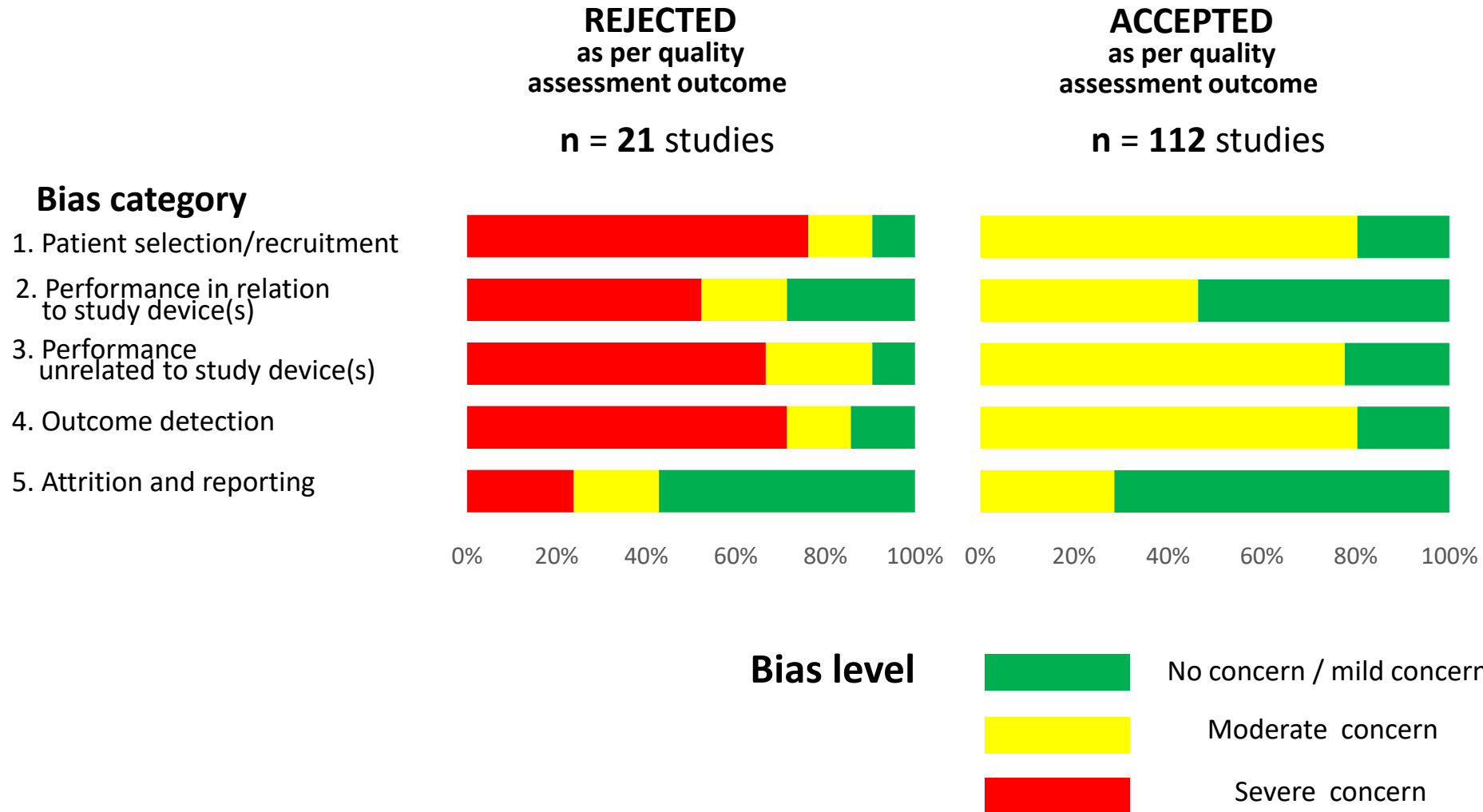
cont'd



FGS – first generation stents

SGS – second generation stents
(mesh/dual-layer)

Data Quality: Study Bias Systematic Assessment



Severe bias (red) was reason for rejection.

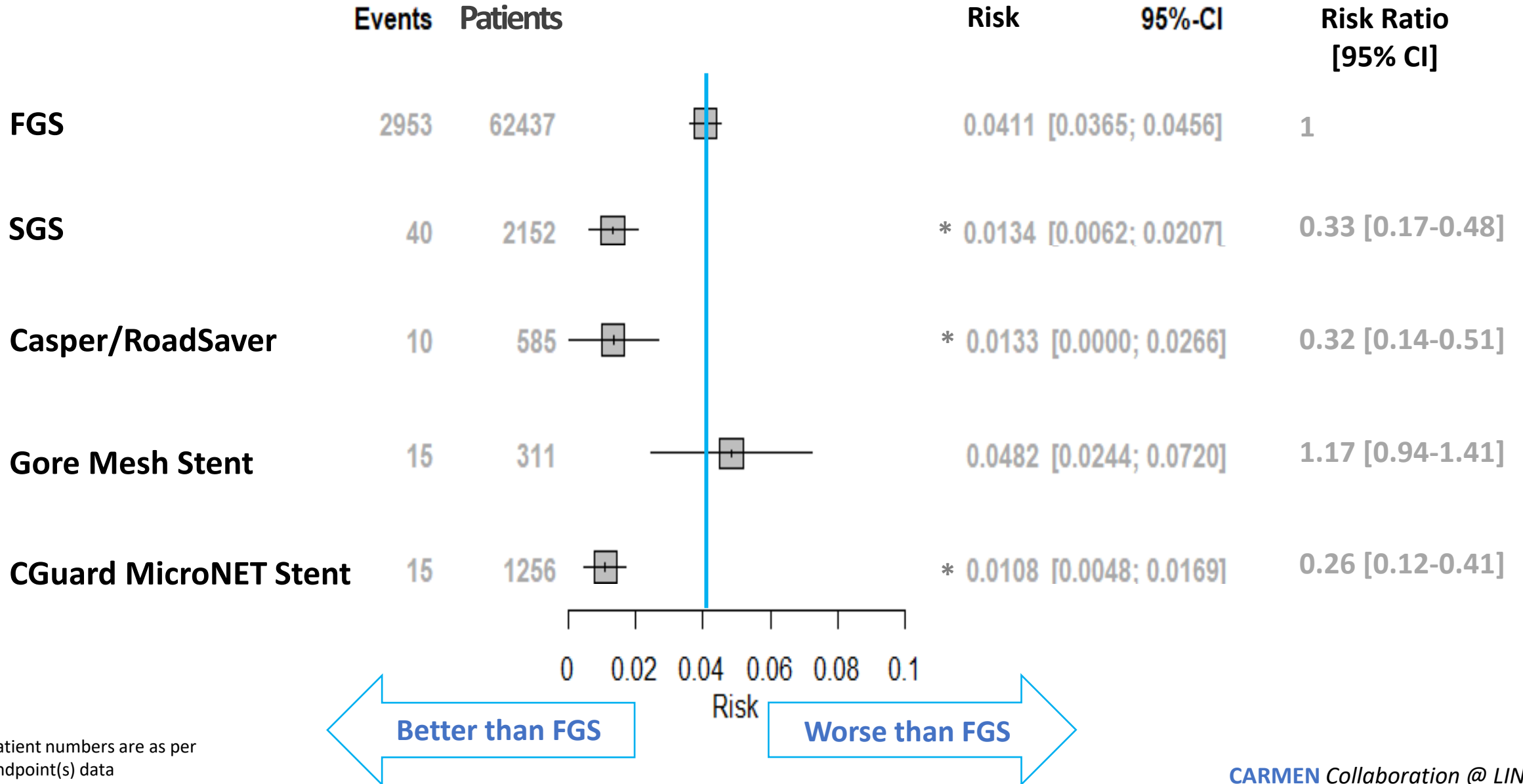
Stent type comparisons: Pooled populations characteristics

	FGS	SGS	p	Open-cell FGS	Close-cell FGS	p open vs close	p open vs SGS	p close vs SGS
No of studies	98	14	-	29	12	-	-	-
No of patients	65,891*	2,152*	-	20,676*	7,598*	-	-	-
Age [mean] ± SD	70.1 (2.8)	71.9 (2.5)	0.02	70.4 (3.2)	69.3 (3.4)	0.60	0.32	0.13
Male [%]	68%	73%	0.046	68%	66%	0.92	0.12	0.15
Symptomatic [%]	45%	41%	0.40	43%	50%	0.61	0.94	0.45
Diabetic [%]	34%	32%	0.43	35%	36%	0.71	0.88	0.61
CAD [%]	51%	47%	0.55	48%	55%	0.59	0.98	0.98
AF [%]	6%	3%	0.37	3%	ND	-	0.99	-
Contralateral occlusion [%]	10%	16%	0.22	10%	12%	0.87	0.63	0.99

FGS – first generation stents; **SGS** – second generation stents (mesh/dual-layer)

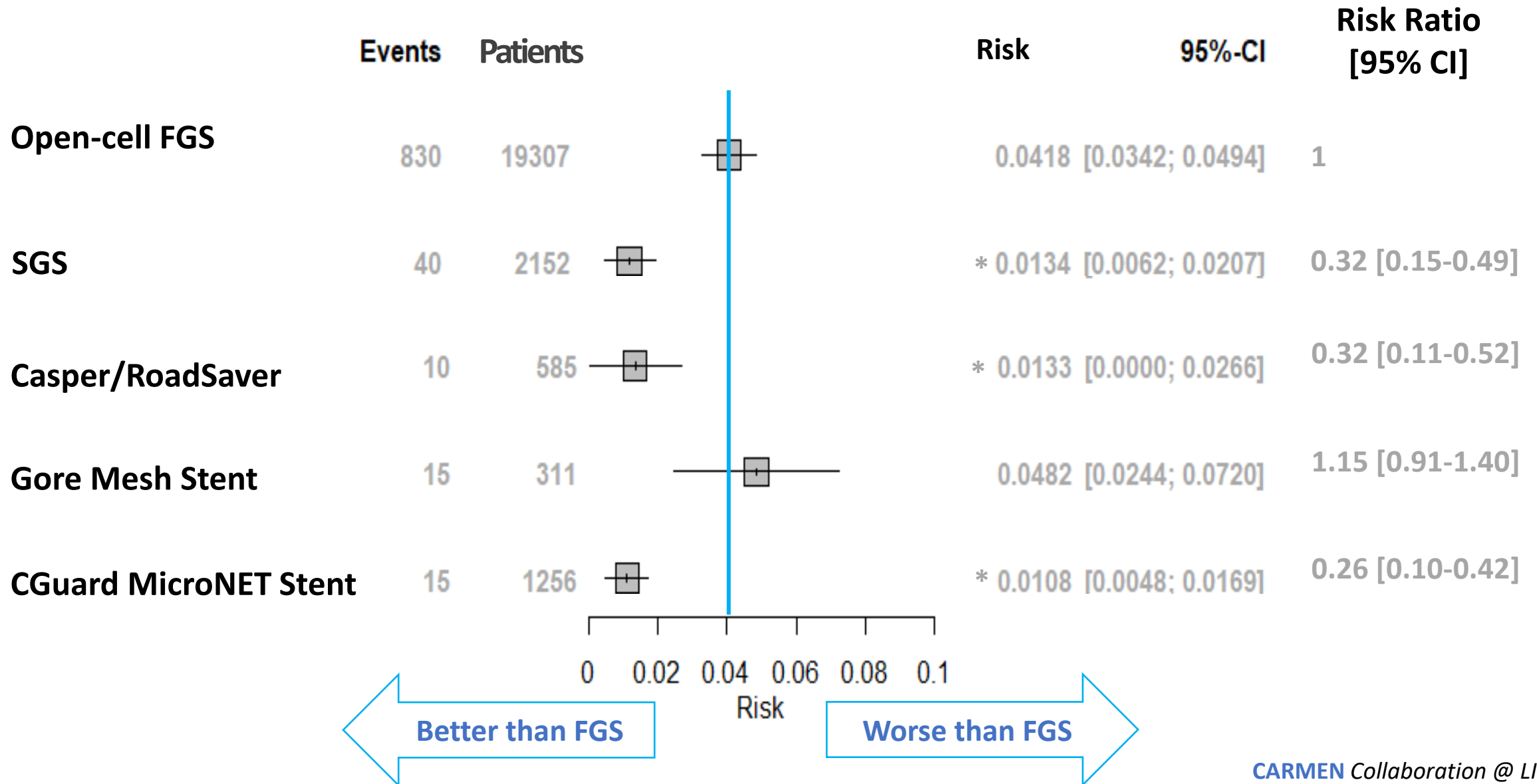
*Data per total number of patients as per published patient characteristics

30-day Death/Stroke/MI: FGS vs SGS

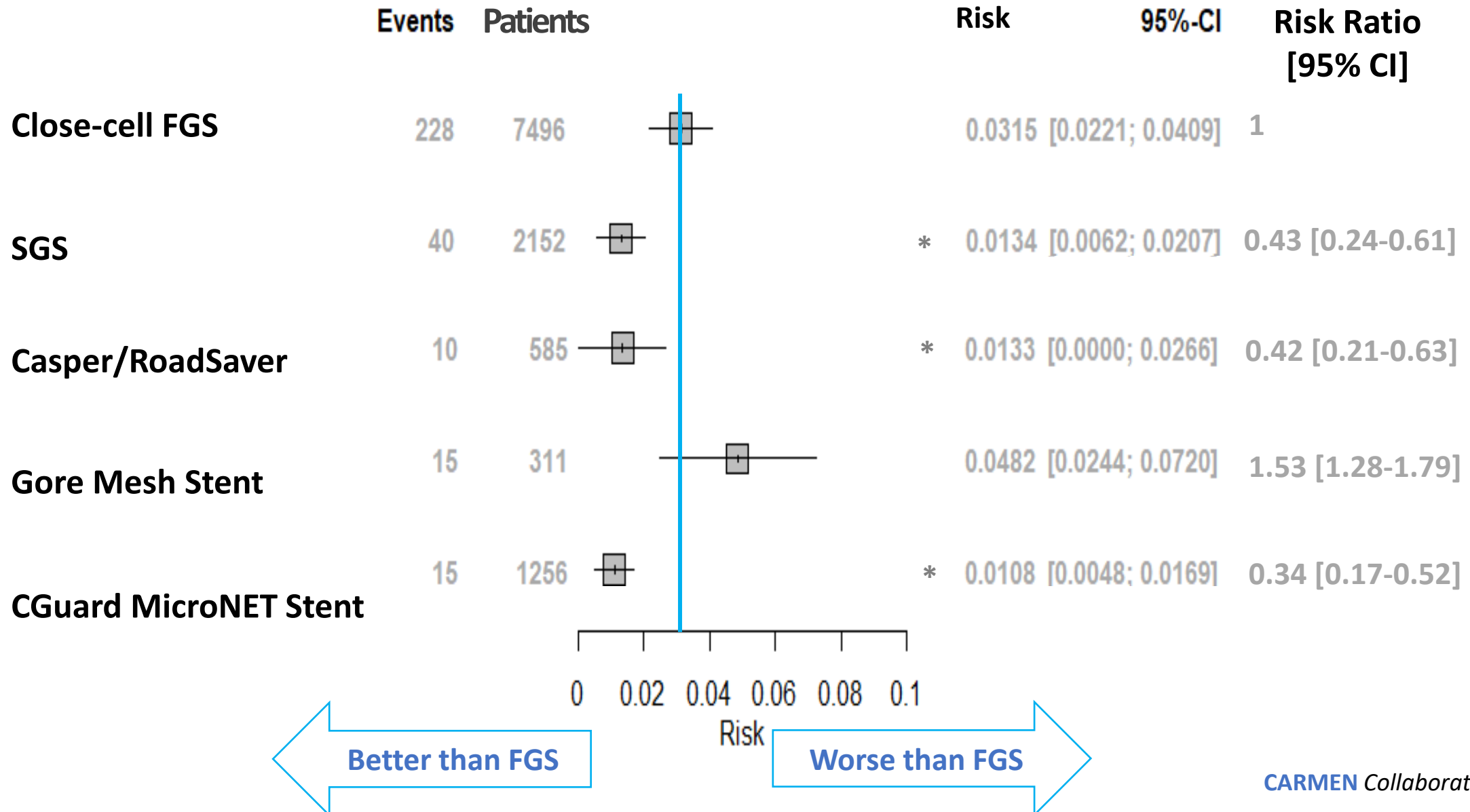


Patient numbers are as per endpoint(s) data

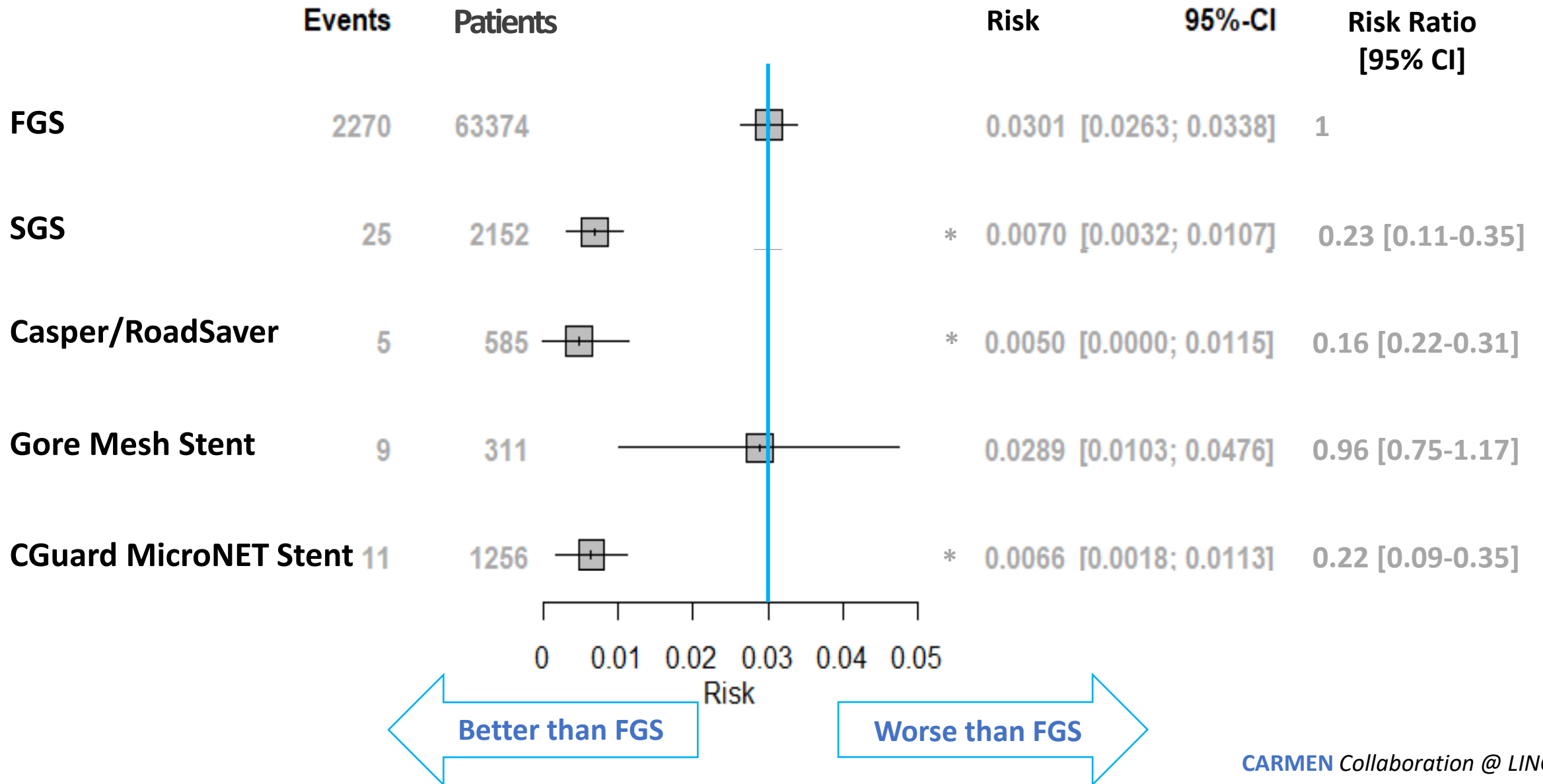
30-day Death/Stroke/MI: open-cell FGS vs SGS



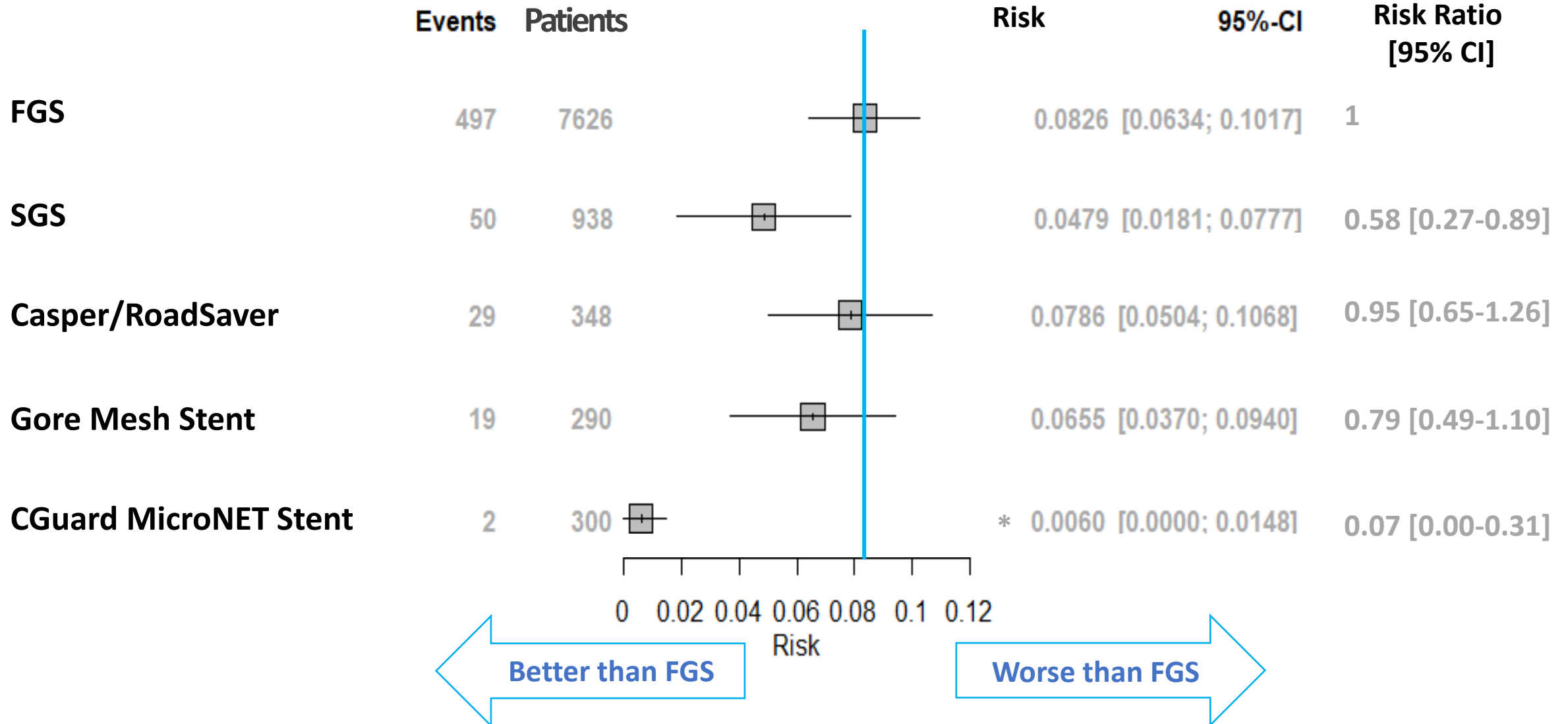
30-day Death/Stroke/MI: close-cell FGS vs SGS



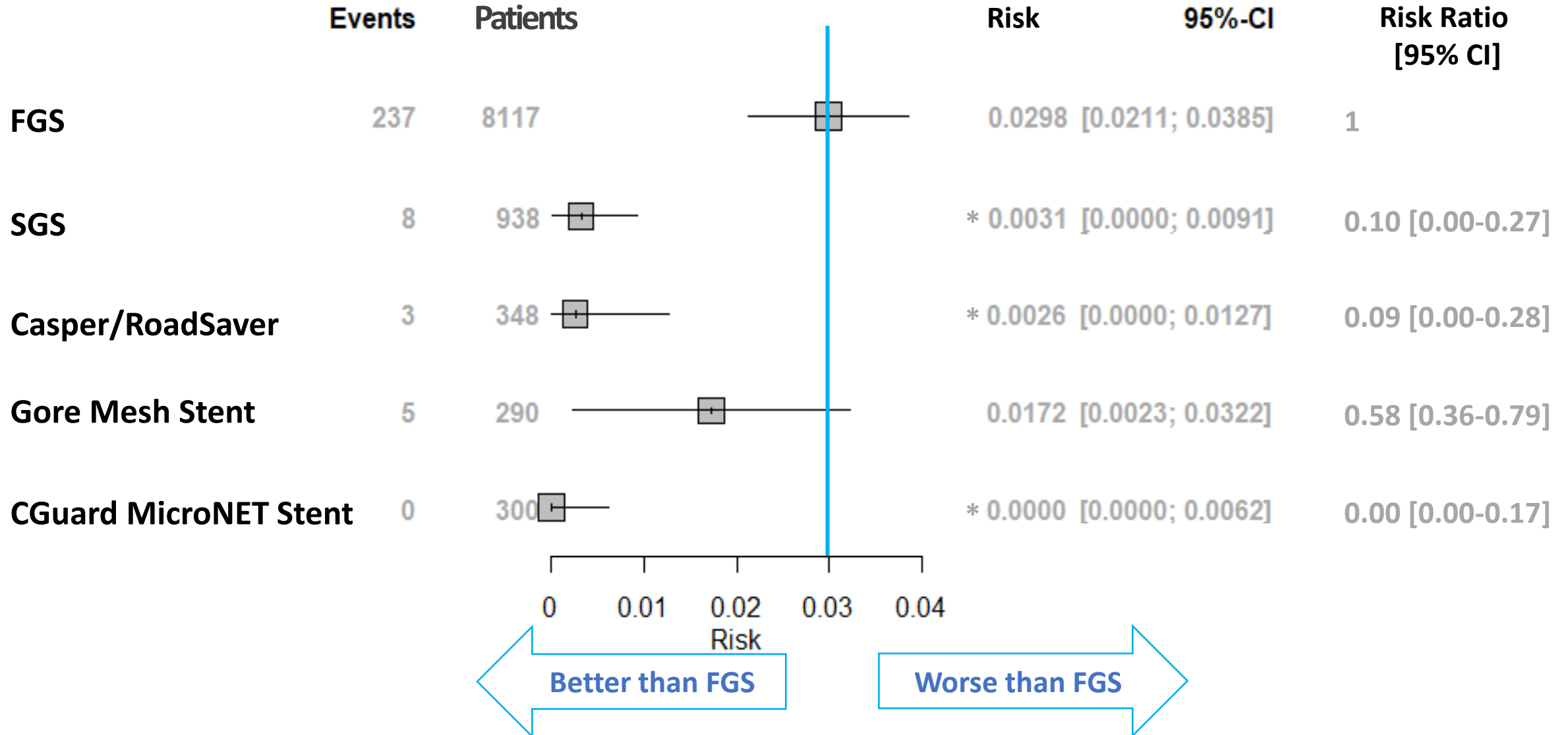
30-day Stroke: FGS vs SGS



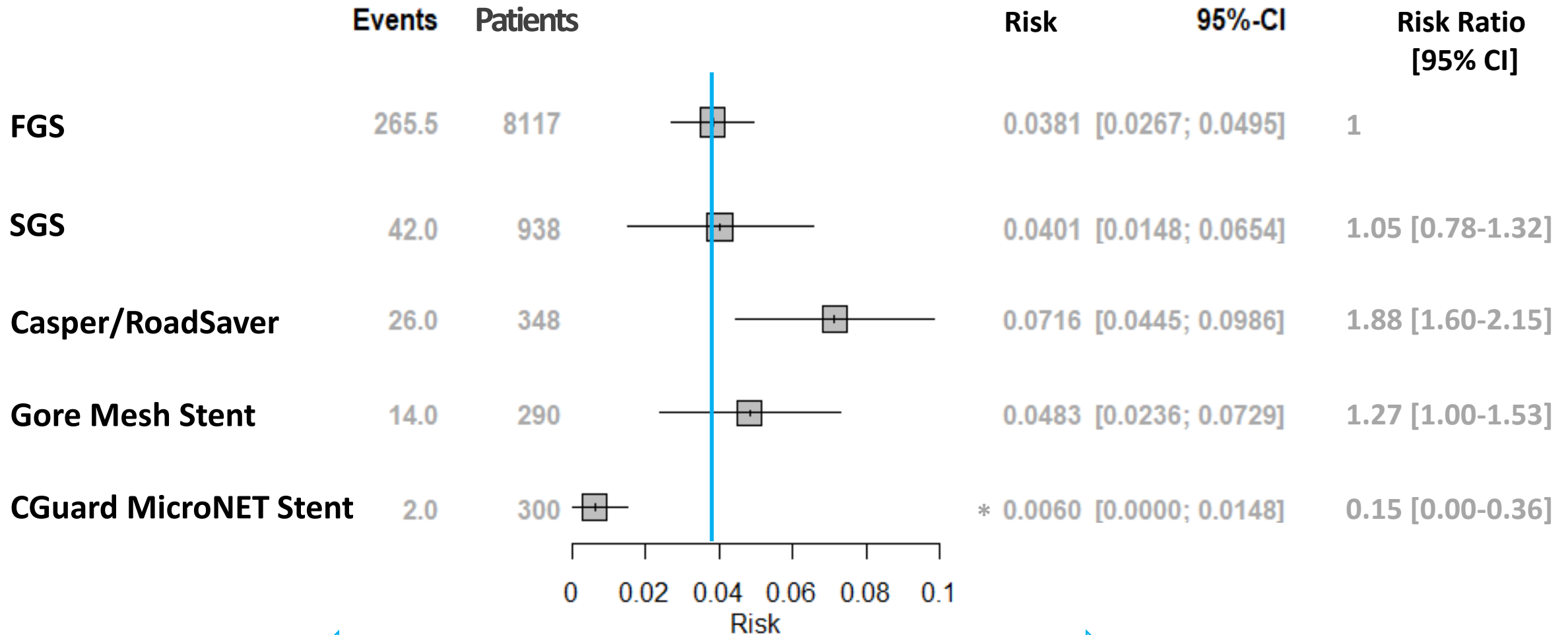
12-month Ipsilateral Stroke/ISR: FGS vs SGS



12-month Ipsilateral Stroke: FGS vs SGS



12-month ISR: FGS vs SGS



← Better than FGS

→ Worse than FGS

SGS vs CEA

SGS – second generation stents
(mesh/dual-layer)

Purpose

- Is there a difference in **30-day**
12-month outcomes

for SGS vs **CEA** ?

CEA vs SGS meta-analysis

Major
RCTs
Involving CEA

1. **CEA** pooled data

SAPPHIRE
EVA 3S
SPACE-1
ICSS
CREST
ACST-1
ACT-1
Manhaim
SPACE-2

CEA in
Contemporary
Clinical Practice

2. **CEA** in Vascular Quality Initiative (**VQI**) database*

* Dakour-Aridi H, et al. *Ann Vasc Surg.* 2020;65:1-9
Columbo JA, et al. *J Vasc Surg.* 2019;69:104-109

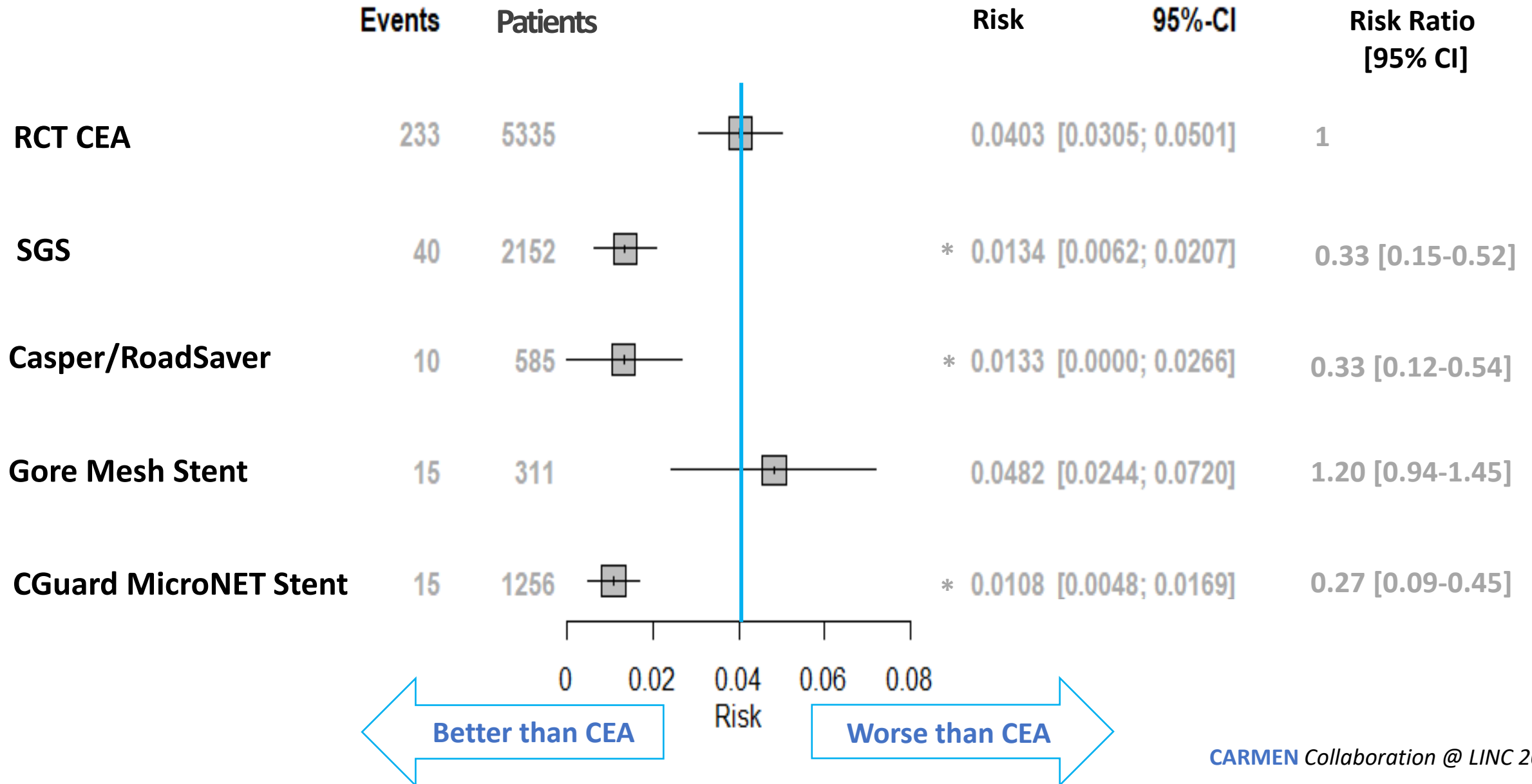
CEA vs SGS: Populations Characteristics

	RCTs CEA	VQI CEA	SGS	p RCTs-CEA vs SGS	p VQI-CEA vs SGS
No of studies	9	2	14	-	-
No of patients	5,335*	95,776*	2,152*	-	-
Age [mean] ± SD	69.4 (1.5)	71	71.9 (2.5)	0.03	-
Male [%]	69%	61%	73%	0.71	0.29
Symptomatic [%]	37%	23%	41%	0.75	0.83
Diabetic [%]	29%	35%	32%	0.44	0.99
CAD [%]	41%	27%	47%	0.75	0.35
AF [%]	3%	nd	3%	1.0	-
Contralateral occlusion [%]	7%	nd	16%	0.56	-

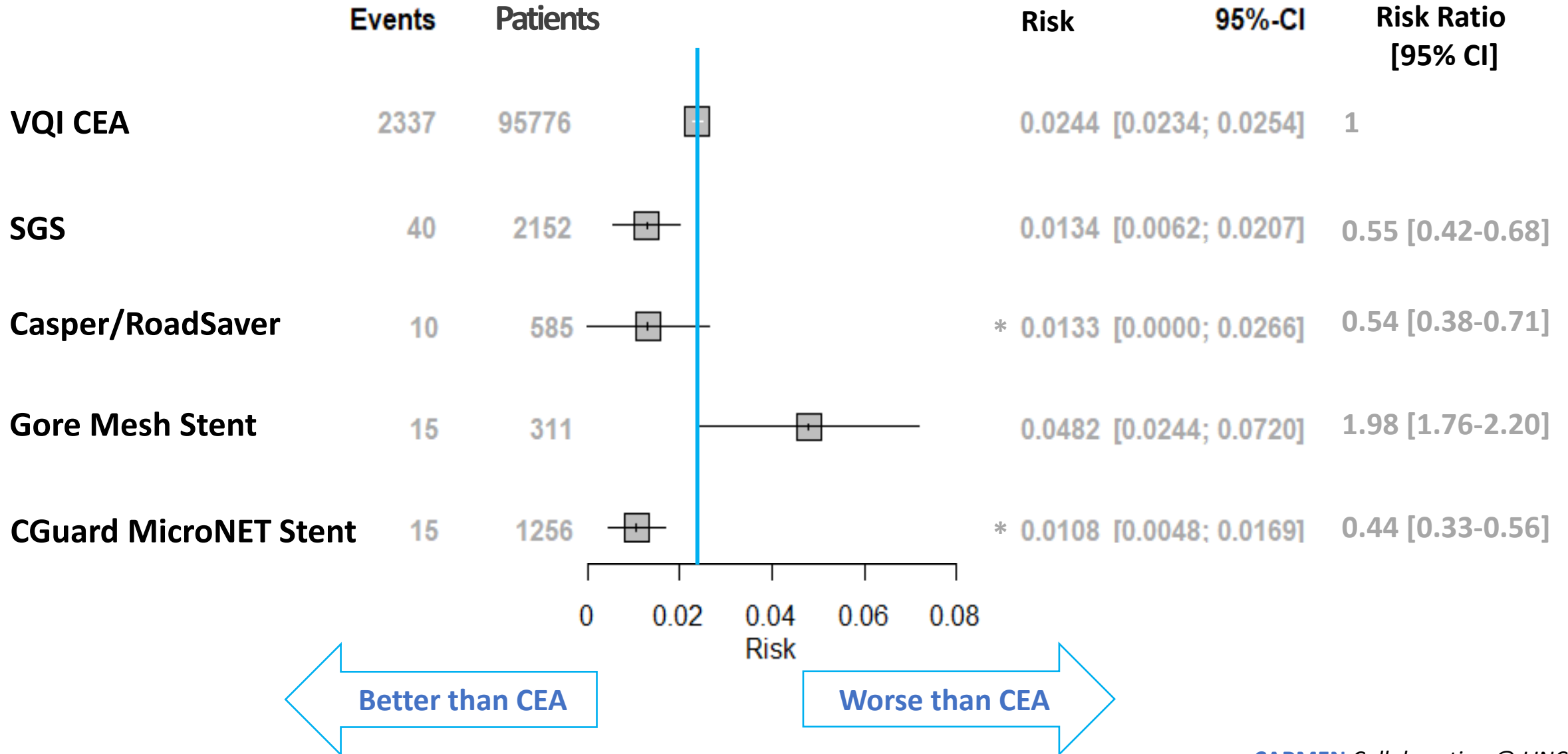
FGS – first generation stents; **SGS** – second generation stents (mesh/dual-layer)

* as per published characteristics of study patients

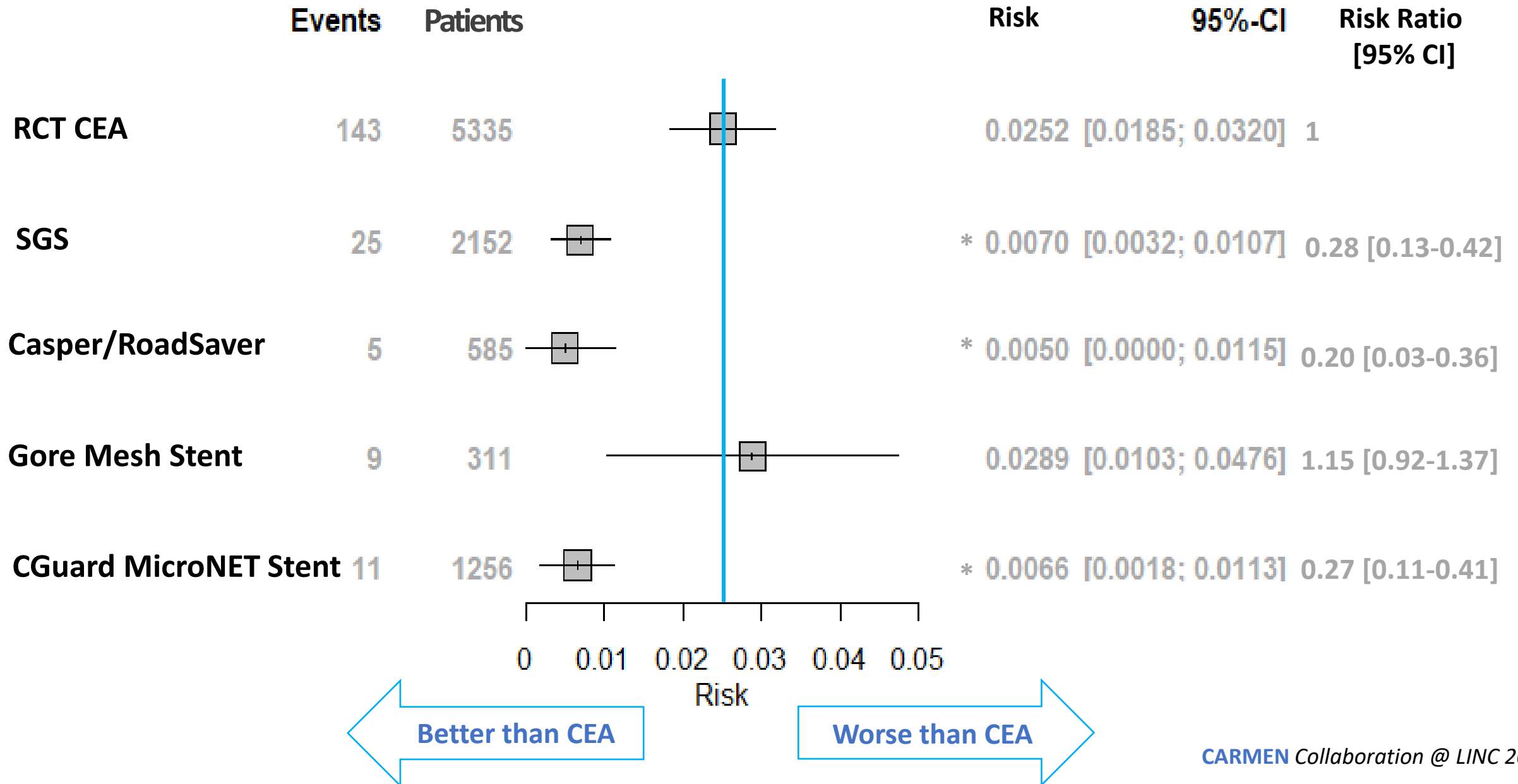
30-day Death/Stroke/MI: RCT CEA vs SGS



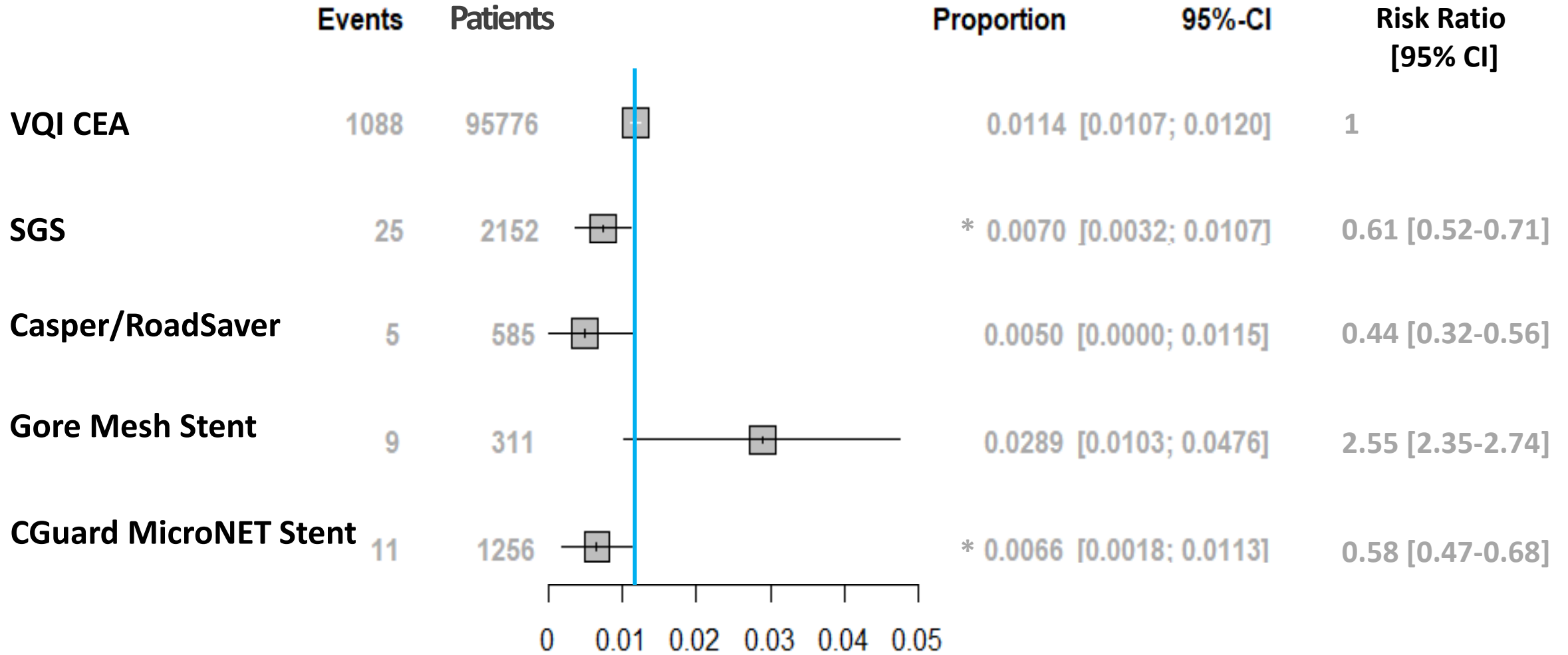
30-day Death/Stroke/MI: VQI CEA vs SGS



30-day Stroke: RCT CEA vs SGS



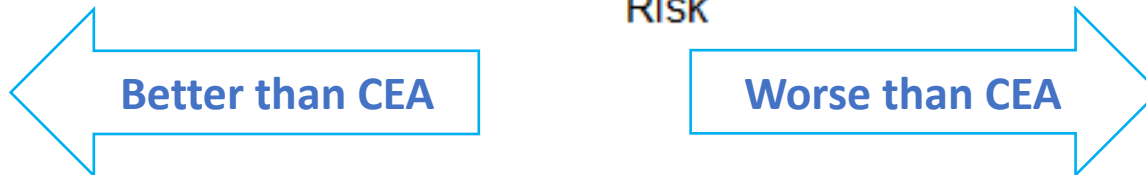
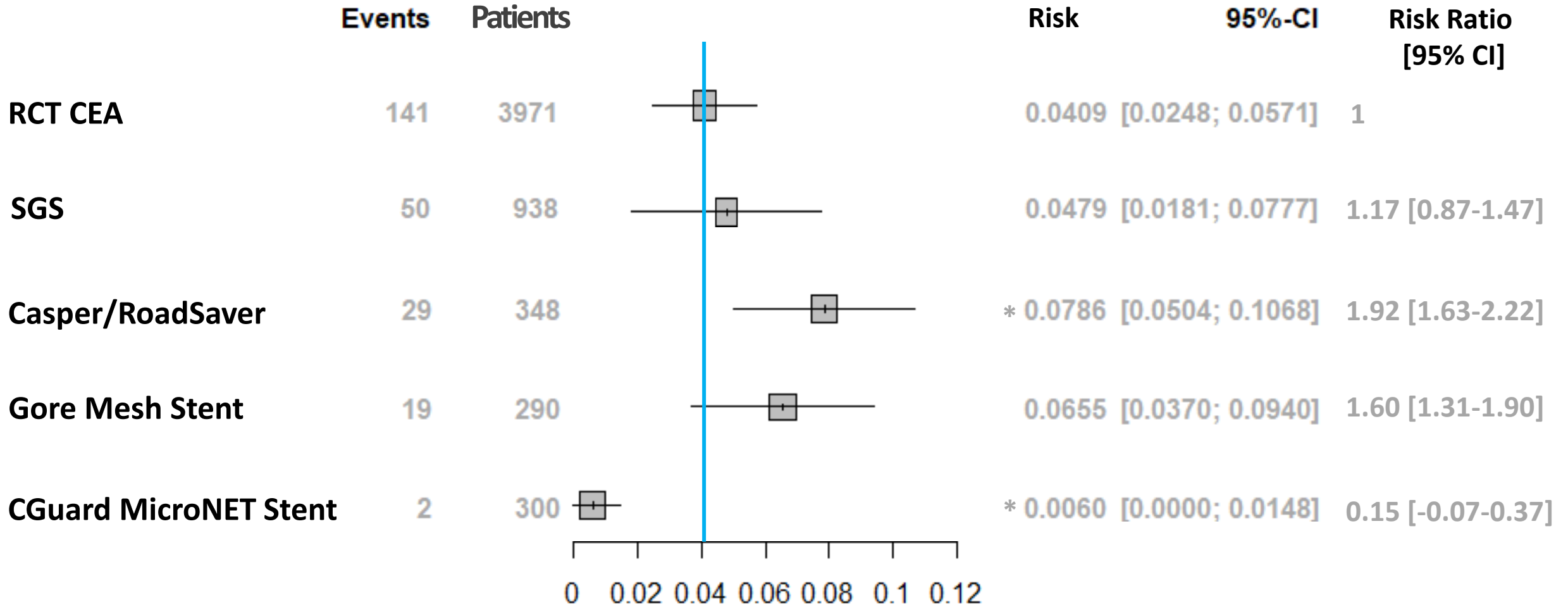
30-day Stroke: VQI CEA vs SGS



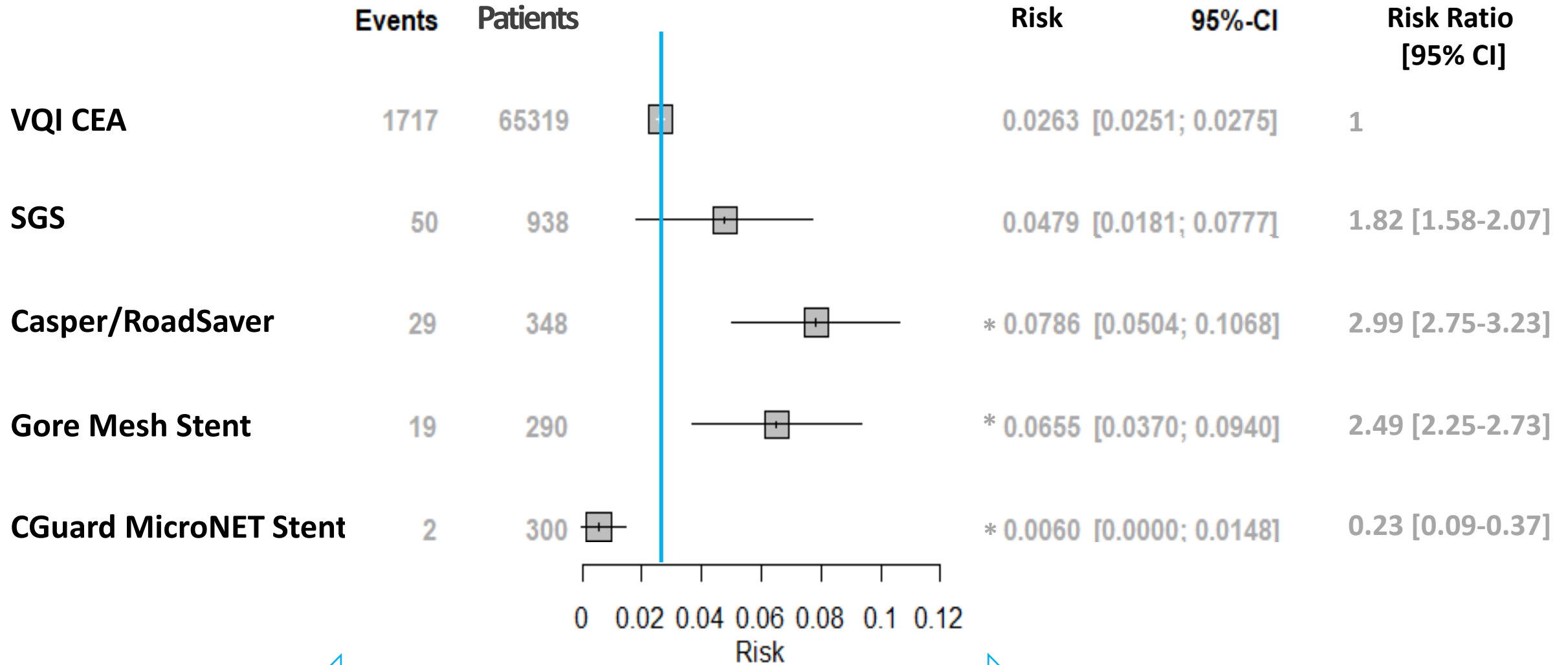
Better than CEA

Worse than CEA

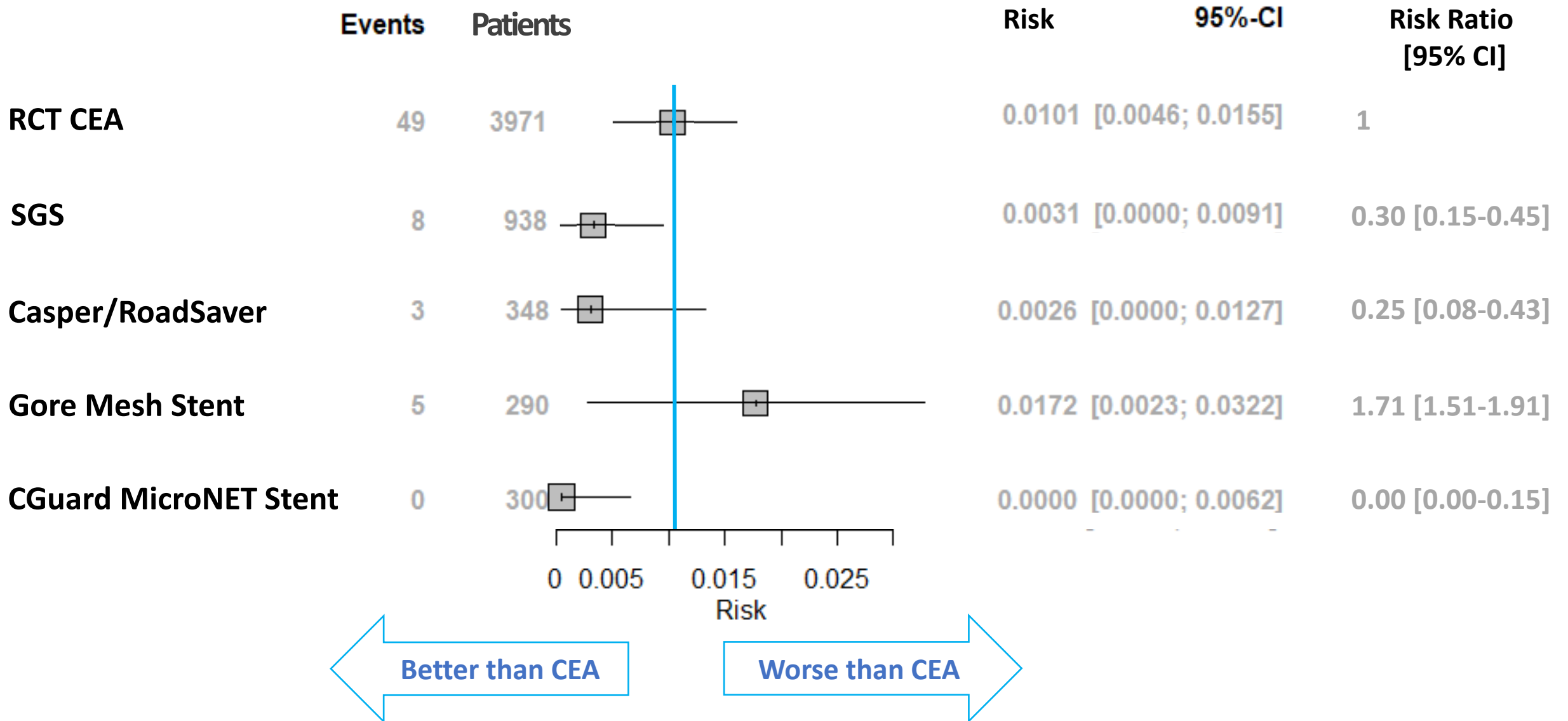
1-year Ipsilateral Stroke/Restenosis: RCT CEA vs SGS



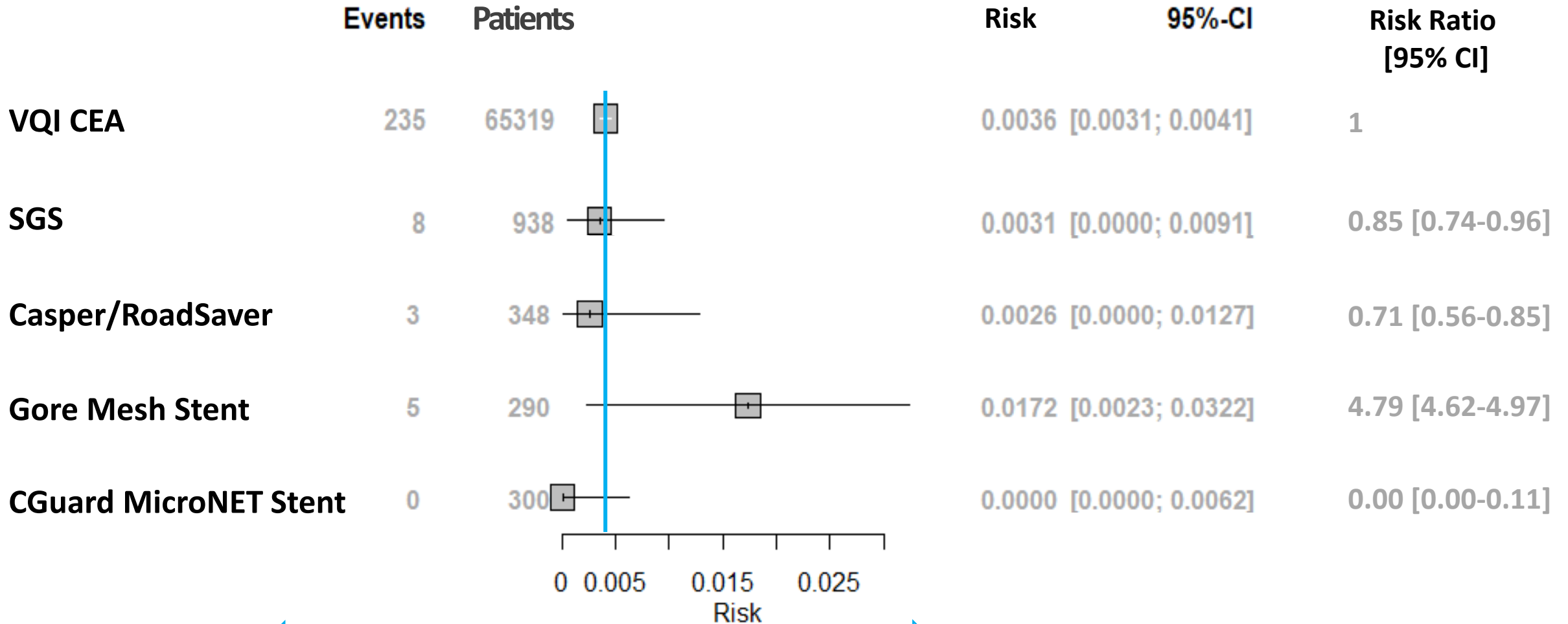
1-year Ipsilateral Stroke/Restenosis: VQI CEA vs SGS



1-year Ipsilateral Stroke: RCT CEA vs SGS



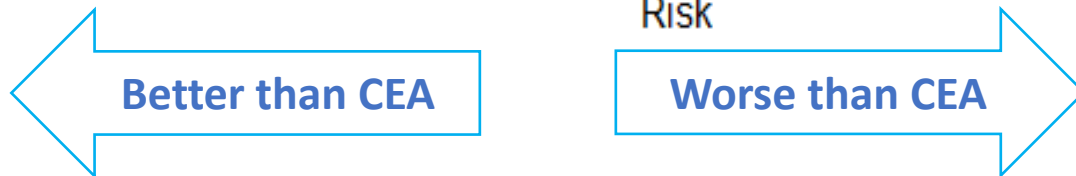
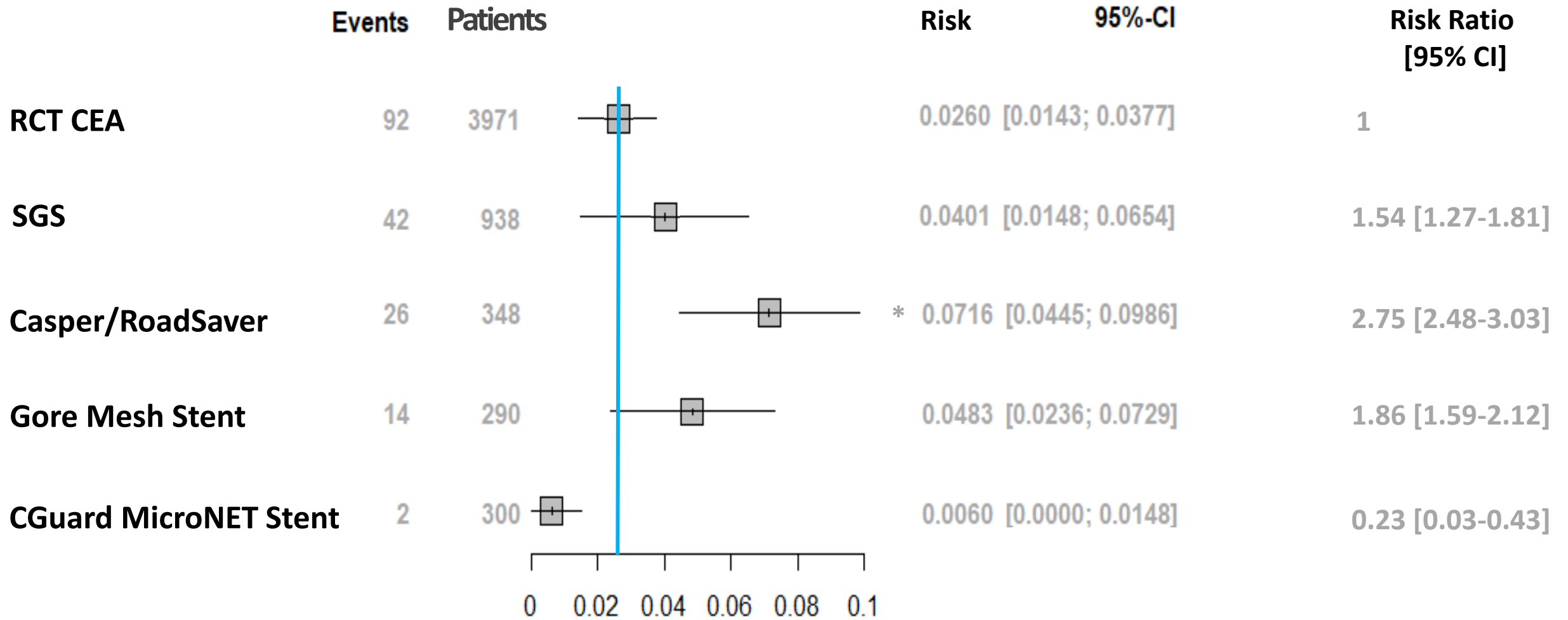
1-year Ipsilateral Stroke: VQI CEA vs SGS



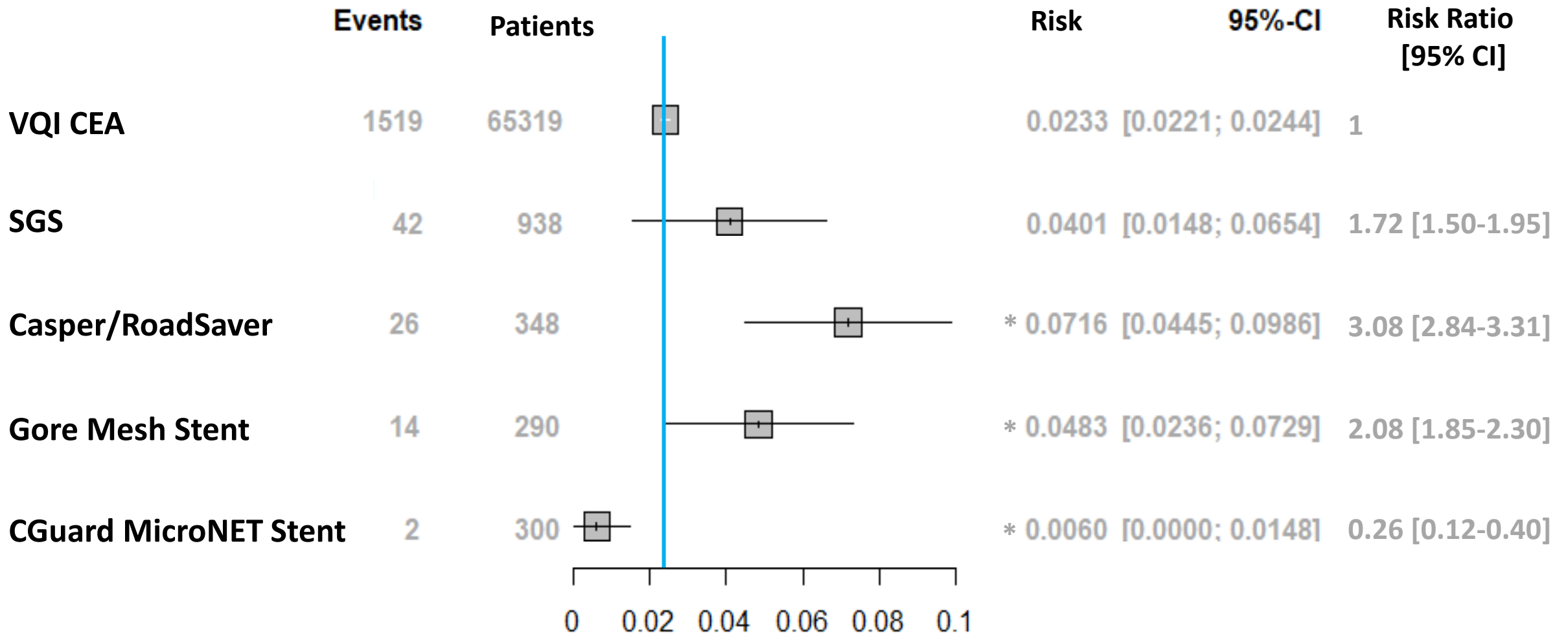
Better than CEA

Worse than CEA

1-year Restenosis: RCT CEA vs SGS



1-year Restenosis: VQI CEA vs SGS



Conclusions: 30-day outcomes

- ***Casper/RoadSaver and CGuard MicroNET Stent*** superior to FGS as a group
(and superior to both open- and close-cell stents)
- **↓ stroke with *Casper/RoadSaver* and ↓ stroke with *CGuard MicroNET Stent***
vs RCT-CEA and VQI-CEA
- **NO class-effect** of SGS in relation to FGS or CEA

Conclusions: 12-month outcomes

- **SGS superior to FGS**

outcome driven by ↓ *in ipsi stroke with CGuard MiroNET Stent*
 ↓ *in restenosis with CGuard MiroNET Stent*

- **SGS similar to CEA in 12-month ipsilateral stroke**

- **SGS have a differential effect on restenosis** in relation to CEA

↑ *restenosis with Casper/RoadSaver and Gore Stent*

↓ *restenosis with CGuard MicroNET Stent*

- **NO class-effect in SGS**